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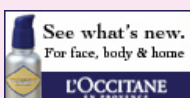
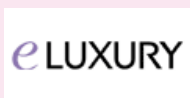
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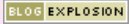
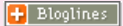
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Syndication



The Berries From Brazil

Tuesday

Move over, Gisele—there’s a new Brazilian bombshell in town! But this beauty isn’t a supermodel; it’s a superfood known as the acai berry. Touted by industry heavy hitters like Dr. Nicholas Perricone, this little jewel from the depths of the Amazon rainforest is getting big attention. Acais, which taste like a blend of berries with a hint of chocolate, have been prized by Brazilian natives for centuries because of their high nutritional content, but after an appearance on Oprah’s top-ten anti-aging foods list, they’ve become the latest antioxidant obsession. High in omegas and amino acids, the fruit contains twice the antioxidant content of the blueberry and 30 times the protective anthocyanins of red wine, all of which adds up to a powerful age-combating cocktail. To get your daily dose, visit Jambajuce.com or Vitaminshoppe.com, because, let’s face it, a million gorgeous Brazilians can’t be wrong! —Jennifer Magid



posted by BeautyAddict at 8:27 PM | [Permalink](#) |

2 Comments:

- At 5:40 PM, Hannah

I'll look like Gisele. Woohoo, sign me up for those berries!

- At 2:32 PM, Bee

I just started drinking acai berry juice. My mom shipped me 2 boxes because she said it's changed her life!

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